

# **Hockey In Focus Overview**

Come learn the game of hockey from professional instructors who have your beginner hockey players best interests in mind. We pride ourselves in our knowledge of teaching hockey fundamentals. We will work with each participant on a personal level to insure that we are teaching them the proper skills. We will take the time to teach the students at their pace so that they can properly develop their skills.

Each practice plan is designed by Certified USA Hockey Coaches who are dedicated to the success of player development.

**Hockey Is For Everyone!**

INDEPENDENCE  
EVENTS ★ CENTER  
19100 E Valley View Pkwy  
Independence, MO 64055



**INTRODUCTORY  
HOCKEY  
PROGRAM**

***Hockey  
'In Focus'***



**Start Date:  
5/13/10**

**TIME:  
THURS @ 6:00PM**  
Start Time Subject to Change

**Easy access off of Inter-  
state 70, Highway 40 &  
Missouri 291  
Independence, Missouri**

**Hockey In Focus Outline - Each Session is 1 hour**

Hockey In Focus is a program designed for beginner hockey players and players wanting to continue their hockey development. Participants should be at least 10 yrs of age and have a basic skating background and/or have participated in our Learn to Skate program and have passed Basic Level 4 or Hockey Level 2. This program is intended to introduce the basic hockey skills and concepts while maintaining a focus on proper skating techniques



that are necessary in the game of hockey. Participants will learn proper puck handling, shooting and passing techniques, stressing good body positioning and balance. Participants will develop their skills through both group and individual instruction. Each session is 1 hour and available to all ages.

**Boys and Girls are welcome to come out and learn the worlds fastest team sport!**

**Registration Form:**

Skaters Name \_\_\_\_\_  
Parents Name(s) \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Primary Phone # \_\_\_\_\_  
Secondary Phone # \_\_\_\_\_  
Email \_\_\_\_\_

**Classes Will Focus On...**

- Proper Skating Techniques
- Power Skating
- Puck Handling
- Shooting
- Passing
- Positioning
- Team Concepts

**6 Week/1 Hour Sessions**

**Mandatory Equipment:**

**Skates, Helmet, Gloves, Stick**  
(Some equipment will be made available)

**Recommended Equipment:**

**Shoulder Pads, Elbow Pads, Shin Pads, Hockey Pants, Athletic Supporter**



**For More Information Contact:**  
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**(f) 816-442-6139**  
**www.independenceeventscenter.com**



Home of the CHL  
Missouri Mavericks

**Session:**  
**Thursdays @ 6:00PM (5/13 - 6/17)**  
Start Time Subject To Change

**Program Fee: \$90.00**  
**Payment Method**

Credit Card  Check  Cash

CC# \_\_\_\_\_

Exp \_\_\_\_\_ Security Code \_\_\_\_\_

**Terms & Conditions/Waiver Release of Liability**

Each person ("Participant") using Independence Events Center assumes all risk of personal injury, which may result from participation in all activities conducted at the Independence Events Center. The Participant will not hold Independence Events Center or Global Entertainment, or any of its officials, staff, owners, or the proprietor, liable for injury, which the Participant may sustain while participating in any activities, conducted at the Independence Events Center. The participant understands and agrees that the sport of ice hockey, ice-skating and all on-ice activities has physical dangers, which may result in serious injury or death. The Participant is advised to carry medical insurance. The Participant certifies that he/she has no known medical condition, which would prohibit him/her from playing the sport of ice hockey or ice-skating.

Signature \_\_\_\_\_

Date \_\_\_\_\_